

Curriculum Map – Year 5/6 Year 1

Support materials are in red font. Where indicated please start with core task. Use this to assess where the children are and then carry out a series of lessons which are focused at achieving the learning and assessment focuses.

Autumn Term			Spring Term			Summer Term		
Unit	Learning Focus	Assessment Focus	Unit	Learning Focus	Assessment Focus	Unit	Learning Focus	Assessment Focus
Week 1 – 6 Invasion Games My Personal Best – Resilience Core Task Invasion Games Activity 7 - Pass and score a goal Use Netball, Basketball and Football.	Use attacking and defending skills and tactics. Use good passing catching and dribbling skills individually and in small teams. Show determination to improve.	Able to show good passing and receiving skills with a partner and in teams. Able to dribble and pass with a partner and as a team. Understand the difference between attacking and defending and use this in a game situation.	Week 1 – 5 Gymnastics My Personal Best - Communication Core Task Gymnastics Activity 12 – Perform your 10 element sequence in a small group.	Compose a balanced sequence with 6 -10 elements showing a beginning, middle and end. Perform fluently with control and clarity.	Able to create a sequence of moves showing a beginning, middle and end. Show fluency & control when linking movements. Work with a partner or small group. Understand symmetry and asymmetry and can show this in gymnastics.	Week 1 – 5 Strike/Field Rounders My Personal Best - Fairness Intra Competition No Core Task	Striking the ball into a space. Fielders retrieve a ball and send accurately using different throwing techniques. Running fluently.	Show that they can hit a ball into a space away from fielders. Fielders can stop a moving ball in the air or along the ground and send accurately back choosing the correct throw. Understand the games tactics, knowing when to run being aware of fielders.
Week 6 – 8 Athletics My Personal Best – Resilience Intra Competition Use Sports Hall Athletics pack.	Use a variety of throwing techniques. Develop a standing broad jump and standing triple jump. Develop running techniques: sprint, distance.	Show good stamina, and can run at speed as a team. Perform a standing Long and triple jump.	Week 6 – 11 Net/Wall Volleyball My Personal Best - Respect Intra Competition Core Task Net/wall Activity 11 – Score points by making the ball land on the opposite side of the court.	Using shots and targets to outwit opponents. Defending their court area. Umpiring and evaluating each other's performance effectively.	Play a volley shot to self or partner, with or without a barrier. Play a dig shot with some control. Able to feed a ball to a partner with some accuracy. Work in small team to defend their area.	Week 6 – 10 Athletics My Personal Best – Courage No Core Task	Improve personal best, sustain longer periods of running. Run as a team. Standing long and triple jump. Javelin throw with ball/ javelin Time and measure for others.	Throw a javelin or ball for distance using the correct technique. Understand how to measure jumps and throws and use a stopwatch to time peers.

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<p>Week 9 – 12</p> <p>Dance</p> <p>My Personal Best Self–Belief</p> <p>Intra Competition</p> <p>Dance Matalan Card</p> <p>11 Streetwise/ Urban</p>	<p>To react creatively to a stimulus.</p> <p>To use the meeting, parting, unison and canon.</p> <p>To collaborate, communicate and negotiate to produce a group dance and perform to an audience.</p>	<p>Able to react to a stimulus.</p> <p>To understand and use the dance terms meeting, parting, unison and canon.</p> <p>Show communication skills to work as a group to create a dance.</p>				<p>Week 11 – 12</p> <p>OAA</p> <p>My Personal Best – Courage</p> <p>OAA</p> <p>Matalan Cards</p> <p>13 What’s the score</p> <p>16 Guiding star</p>	<p>Follow a map to add up the sum correctly.</p> <p>Find all the controls using maps.</p>	<p>Read and orientate a map correctly.</p> <p>Understand what a control is and how to find them using maps.</p> <p>Understand what is needed to compete in an orienteering race.</p>
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