

Curriculum Map – Reception

Support materials are in red font. Where indicated please start with core task. Use this to assess where the children are and then carry out a series of lessons which are focused at achieving the learning and assessment focuses.

Autumn Term			Spring Term			Summer Term		
Unit	Learning Focus	Assessment Focus	Unit	Learning Focus	Assessment Focus	Unit	Learning Focus	
Week 1 – 7 Locomotion - Movement  “Get moving get active”  My Personal Best - Resilience	Fundamental Movement Skills: Walking, running, Jumping & hopping. How to exercise safely.  <b>Resources:-</b> <u>Active Play</u> <u>Cards:</u> Magic Mover Pace it Out Step It Out <u>Skills 2 Play</u> Stable & Able Pace Maker Zig Zag	Fundamental movement skills: walking, marching, jumping.  Fundamental movement skills: Jumping 2 - 2 feet, hopping on both legs.  Show some spatial awareness.  Able to change direction and speed.	Week 1 - 4 Movement to Music - Dance  My Personal Best - Communication	Simple Movements Patterns  <b>Resources:-</b> Use the theme of toys. Toy soldiers, jack in a box, robot, cowboy on a horse, toy cars, teddy bear. Use the theme of animals/zoo Monkey, snake, elephant, giraffe, bear, lion, bird	Able to use different ways of moving and travelling to music.  Show different body shapes (stretched, wide, curled).  <b>Physical Me</b> Travel <b>Thinking Me</b> Sequence Memory Improvements Generate Ideas <b>Social Me</b> Patience Taking Turns Listening Teamwork	Week 1 – 7 Manipulation A wide variety of equipment should be used. Skills practiced individually.  My Personal Best - Fairness	Running, Jumping, collecting, kicking, carrying, pushing, throwing & catching.  <b>Resources:-</b> <b>Active Play Cards</b> Rolling & Throwing Sweet Feet	Fundamental skills: Collecting, carrying.  Fundamental Skills: Kicking, throwing, catching.  <b>Physical Me</b> Running Throwing Speed Agility Sending <b>Thinking Me</b> Spatial Awareness <b>Social Me</b> Take turns

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<p>Week 8 – 12 Stabilisation &amp; Locomotion – Gymnastics</p> <p>“Get moving get active”</p> <p><b>My Personal Best Self – Belief</b></p>	<p>Balancing, extending, stretching</p> <p><b>Resources:</b> - <u>Active Play Cards</u> Jumping Jacks Super shaper Still as statues Different shapes to make Different ways of travelling Jumping &amp; Landing Rotations Static Balances.</p>	<p><b>Physical Me</b> Travel Roll Jump Balance Flexibility <b>Thinking Me</b> Sequence Memory <b>Social Me</b> Patience Taking Turns Listening Teamwork Respect Communication</p>	<p>Week 7 – 11 Locomotion - Movement</p> <p>“Get moving get active”</p> <p><b>My Personal Best - Respect</b></p>	<p>Fundamental Movement Skills: Walking, running, Jumping &amp; hopping. Use simple fun games with basic rules such as tig- based games. Move around the area safely finding space. Move around without bumping into others. Change direction while running. Run at different speeds.</p>	<p><b>Physical Me</b> Running Stopping Turning Jumping <b>Thinking Me</b> Spatial Awareness Memory <b>Social Me</b> Teamwork Taking Turns Fair Play Communication</p>	<p>Week 8 – 10 Locomotion and Stabilisation. Gymnastics Start to use apparatus develop climbing jumping and landing.</p> <p><b>My personal Best – Courage</b></p> <p>Weeks 10 – 12 Locomotion, stabilisation &amp; manipulation</p> <p><b>My personal Best – Courage</b></p>	<p>Different ways of travelling. Copy and repeat movements. Develop control. Find and use space safely. Show different shapes.</p> <p><b>Resources:-</b> <u>Active Play Cards</u> Different shapes to make Different ways of travelling Jumping &amp; Landing Rotations Static Balances</p> <p>Sports Day Skills Running, Jumping, Throwing &amp; Catching Sports Day Equipment: Resources: Egg &amp; Spoons Ladders Small Hurdles Floor Targets Throwing Equipment</p>	<p>Able to use different ways of moving and travelling.</p> <p>Show different body shapes (stretched, wide, curled).</p> <p>Show how to jump and land safely.</p> <p><b>Physical Me</b> Travel Roll Jump Balance Flexibility <b>Thinking Me</b> Sequence Memory <b>Social Me</b> Patience Taking Turns Listening Respect Communication</p> <p><b>Physical Me</b> Running Throwing Speed Agility Sending <b>Thinking Me</b> Spatial Awareness <b>Social Me</b> Teamwork</p>
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